

THE LEADER IN YOU- LEVEL 1

Powerful Coaching for Gen-Y Emerging Leaders

Who should attend this coaching program?

- Newly appointed , career focused emerging Leaders who want to understand how they are perceived, how they measure up to other leaders and in doing so, are prepared to do the work to step up, improve and transition to the next level of their potential.
- New managers who want to develop their relationships with superiors, colleagues and staff and build team effectiveness.
- New managers who are ready to take responsibility to build their own personal development plan and improve their knowledge, skills and attitude on their way to becoming a great leader.

Learning outcomes

Module 1 Knowing and Managing Yourself (1-6) Module 2 Leading in the Workplace (7-12)

1. Learn and practise the powerful personal success technique of Mindfulness
2. Powerful Intention and Visualisation Techniques
3. Learn the 4 key Learning Styles and how individuals in your team differ : Complete a Hudson Emerging Leader Survey to understand your leadership strengths compared with other Australian emerging leaders
4. Complete an Internal 360 leadership Survey and benchmark how your superiors, peers and staff see your leadership style. Decide to improve
5. Develop your vision and goals for the type of leader you want to be
6. Create strategies and prioritise them
7. Learn and apply the stages of team development
8. Learn and practise how to make a presentation
9. Learn how to write a persuasive action plan that gets things done
10. Learn how to facilitate a discussion and lead a workshop for your team.
11. Use reporting templates to improve your reports for your superiors
12. Learn how to run a meeting and walk away with a forward plan.

Delivery

3 Month Course delivered weekly with on-line modules to read, watch and consider
Weekly workplace assignments (allow approximately 1 hr)
Weekly 45 minute phone coaching session 1:1 with your Coach